



MOUNTAIN TRAILS

WALKING - HIKING - TREKKING TOUR - VIA FERRATA





WALKING



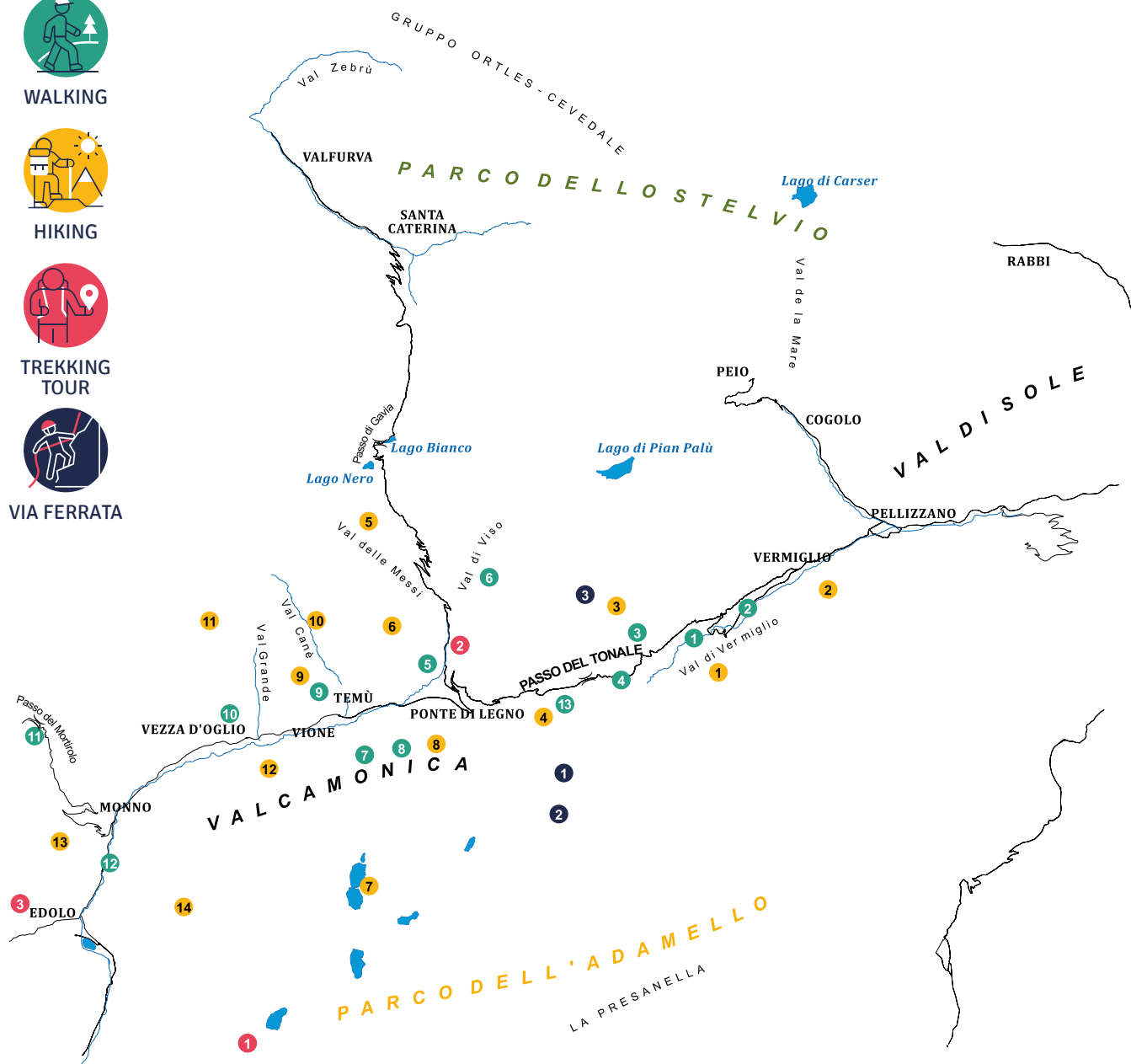
HIKING



TREKKING
TOUR



VIA FERRATA



MOUNTAIN TRAILS

Immersed in the nature which Pontedilegno-Tonale offers, you will be able to tread the numerous paths and trails of these mountains: easy and more demanding walks, trekking in stages and striking mountain climbs.

Experience, adequate equipment and good physical preparation are indispensable to confront the mountains in the best possible way and to enjoy them in complete safety. It is vital to be equipped in accordance with the surrounding environment: mountain shoes, protection against both the sun and the rain, an anorak, a map of the area, adequate food and drink, a first aid kit, and a frontal torch. It is fundamental to go into the mountains when the weather conditions are good, it is therefore important to be well informed of the same.

Some lifts are open during the summer season allowing excursionists to easily reach the departure points of some itineraries or simply to admire the breath-taking panorama. In the alpine 'Rifugi' situated along the various trails you will be able to enjoy the wonderful hospitality offered by the locals and to savour some local specialities. Accompanied by an experienced Alpine guide and heeding their advice and suggestions, will make your mountain experience even richer.

ALPINE GUIDES:

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VAL DI SOLE

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WALKING

Easy trails, suitable for all our guests including families with children. Routes, which will provide a unique experience amidst unspoilt nature, our territory's faithful guardian.

- | | |
|------------------------|-------------------------|
| 1 Viscle | 8 Santa Giulia |
| 2 Giro dei masi | 9 Premia - Gafiù |
| 3 Giro dei forti | 10 Cava del Borom-Còler |
| 4 Torbiere del Tonale | 11 Mortirolo - Moiàc |
| 5 Garòfui | 12 Giro Valeriana |
| 6 Case di Viso-Scursai | 13 Sentiero della pace |
| 7 Val d'Avio-Frèr | |

VISCLE

DEPARTURE POINT: VELON

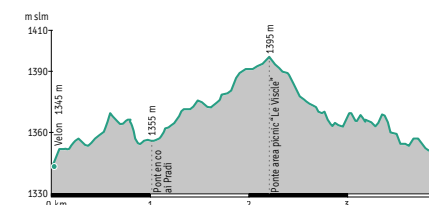


| | |
|-------------------------------------------------------------------------------------|---------------------------------------|
|  | DISTANCE 4 km |
|  | ALTITUDE DIFFERENCE +/- 55m |
|  | ESTIMATED TIME 1h20 |
|  | SEASON may/november |
|  | DIFFICULTY Easy |

A relaxing route which winds its way from the Vermigliana Torrent and the picturesque hills of Velon to the woods and picnic area of Viscle.

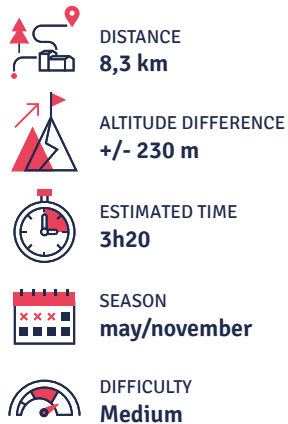
From Velon take the easy dirt road through the woods and alongside the Vermigliana. With the forest road which leads to Carbonere to your left and once over a small hill, after circa 1 km, keep to the right, firstly crossing the Torrent and subsequently the pleasant fields until entering the forest road to Malga Pecè. Continue gently uphill to the left for just a few hundred meters: at the first junction go left and take the dirt road which in a short time leads to a wooden bridge over the torrent (ignore the deviation to the right just before the bridge). After the stream it might be worth stopping for a rest in

the wooded area known as Viscle. To return remain constantly alongside the right hand side of the Vermigliana which continues gently uphill and leads to the first junction and from where, in approximately 15 minutes you will arrive at Velon.



GIRO DEI MASI

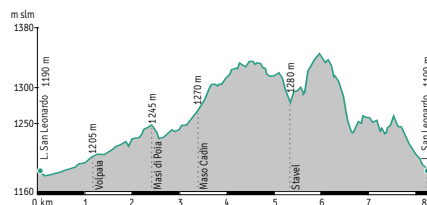
DEPARTURE POINT: LAGHETTI DI S. LEONARDO



A very pleasant walk along the green valley floor and the Vermigliana Torrent, with a short detour in Val Stavel, at the foot of the imposing Presanella glacier.

From the lakes take the path which coats alongside the Vermigliana to Volpaia. After the stream follow the dirt road between the fields and the woods as far as Maso Poia. Cross the Rio Presanella and once having reached the Masi di Stavel after 50 metres of asphalted road take the dirt road, easily recognizable from the ruins of the old Austrian – Hungarian army base dating back to the great war, and Maso Cadin, a spectacular old rural building with a background dominated by the northern slopes of the Cima Presanella mountain. Having reached the military road to

rifugio Denza, continue backwards to the right. After the asphalted road take the forest road on the left hand side of the valley and continue towards Vermiglio. Initially this stretch descends towards Stavel and subsequently rises once again into woodland: a short distance before the village you cross the recently completed and fascinating Tibetan bridge.



GIRO DEI FORTI

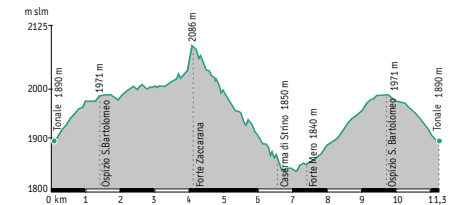
DEPARTURE POINT: VALBIOLO CHAIRLIFT CAR PARK



A scenic loop tour on the southern slopes of Eastern Monte Tonale with splendid views of the Presanella glaciers and the remains of the Forts of the White War.

From Passo Tonale go up to Ospizio S. Bartolomeo. Going east in the direction of the panoramic pasture land in Tonale, turn left at the first junction, after a lengthy path through a wood of Larch trees, you will find some wooden steps which lead to Forte Zaccarana. A panoramic point of rare beauty and from where you can see the high part of Val di Sole and the majestic glaciers of Presanella to Lago Scuro. After descending the military road, with its numerous sharp bends, you will reach

the junction of the Old Tonale Road (not far from the crossroads it is possible to see the ruins of the old Austrian-Hungarian military village of Strino, composed of barracks, arms storage and a hospital). From here turn to the right and after a short time you will be close to Forte Mero and a pleasant picnic area. Continuing towards Tonale you come out of the woods and go back over the fields to the Ospizio S. Bartolomeo and the point of departure.



MALGA VALBIOLO (2250 m) Tel. +39 331 5261088

TORBIERE DEL TONALE

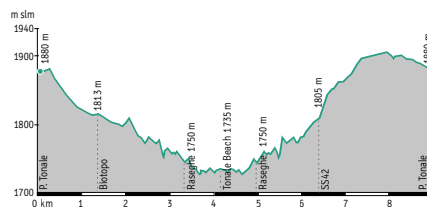
DEPARTURE POINT: VIA S.BARTOLOMEO



A pleasant trail which allows a visit to the Peat Bogs of Tonale, a vast area rich in interesting micro wetland, rare fauna and which has been given the title ‘Community site of interest’, and to reach the spectacular Val Presena.

From Passo Tonale take via S Bartolomeo: after having passed the church of the same name and the unmistakable towers, access the path which goes through the Peat bogs. Having arrived at the small house (the information centre), disregard the dirt road which leads to the state road and continue on the right as far as the purifying plant. A short way past take the road on the right to Pecè. After about 600 m at the first sharp bend, go straight on keeping to the right,

continuing along this pleasant road you will reach, initially, Raseghe and then the river-bed of the Presena torrent and its small picturesque beach known as Tonale Beach. Returning to the purifier you will cross the state road and take the mule track to altiporto. Cross to the left (west) and after a short stretch of path and road (initially a dirt road and subsequently asphalted) you will have reached Passo Tonale.



GARÒFUI

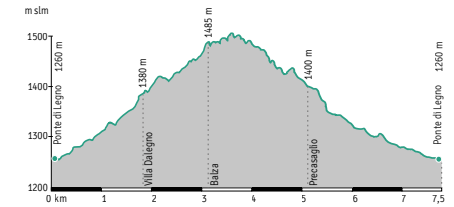
DEPARTURE POINT: THE CENTRE OF PONTE DI LEGNO



A panoramic route winding its way between Ponte di Legno and Villa Dalegno.

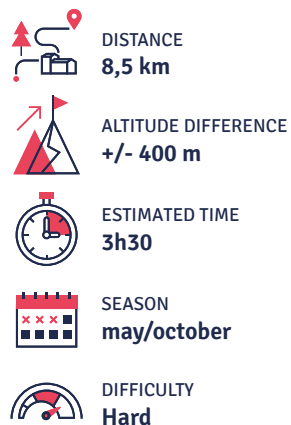
From the centre of Ponte di Legno (1260 m) near to the Tourist office, go up Via Bulferi and, after the Buon Consiglio chapel, keep to the right and take the road to Villa Dalegno. On reaching the church of S Martino continue straight, keeping to the right until arriving to the summit of the village. After passing the last houses and the Albergo Eden at the Santinella di Roncai, continue right on the dirt road for about 2 km avoiding any detours. At the first sharp bend, leave the road and continue along the dirt road differentiated by the scenic rises and falls, then pass above Zoanno until reaching Precasaglio. Once having passed Via S Rocco and Hotel Frigidolfo, leave the main road and go downhill to

the right on a mule track which leads to the Gavia state road close to Ristorante al Mulino. Continue for approximately 100m in the direction of Ponte di Legno and just before the bridge at Frigidolfo take the wide dirt road alongside the torrent. After a long flat stretch of road you will arrive at the first houses in the village and finally your point of departure.



CASE DI VISO - SCURSAI

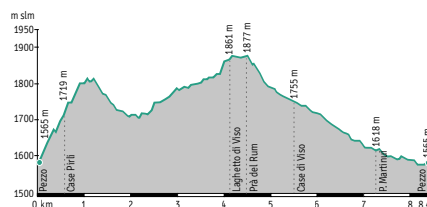
DEPARTURE POINT: DISTRICT OF PEZZO



A varied trail through woods, Rhododendron bushes and the enchanting Casa di Viso.

From the centre of Pezzo (1565m) climb the village to the left and cross the asphalted road to Case di Viso, and taking the mule track you will find yourself in the woods. After the remains of Ca del Pis continue on a flat stretch and turn right where you will arrive on some grassland and Doss di Caglianec. Continue up the pastureland until, on the right, you meet the path which crosses the Bosco Sacro, and arriving at a downhill road leading to the baite di Pirlì. Close to the junction for Case di Viso continue to the left along the uphill mule track above the asphalted road which leads to the Laghetto di Viso. Once having crossed the small bridge across

the Arcanello torrent and the picnic area Prà del Rum, the dirt road continues downhill to the pastureland of Case di Viso. Close to the Ristorante Ercavallo leave the main road to the right and continue straight on along the dirt road which passes through some pastureland and Rhododendron bushes and descends on the opposite side. After 1 km follow the mule track to the right and cross the small bridge to return to the village.



ERCAVALLO (1760 m) Tel. +39 0364 900311

VAL D'AVIO - FRÈR

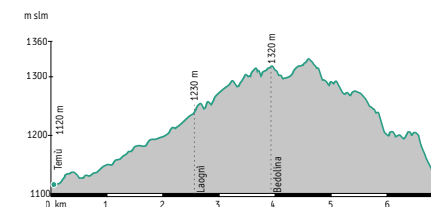
DEPARTURE POINT: ROCCOLO VENTURA CHAIRLIFT CAR PARK



A pleasant walk immersed in nature along the Val d'Avio.

From the chairlift car park follow the road towards the industrial estate. Climb up to the left along the Via Traviolo; before reaching the restaurant of the same name cross the main road turn left onto the stretch which goes through the Val d'Avio. Following, initially, the grassy stretch on the right hand side of the river, and then the dirt road until reaching the area known as Laugnì. If you pay extra attention to the humid grassy areas it is possible to find the very rare and precious Frèr (mushroom). Once having crossed the torrent close to Enel, continue in the opposite direction following the diversion to Malga Caldea. From here follow the dirt road through the woods towards Temù, passing the

characteristic baite di Bedolina. After the Predenul barns and the Bait del Bepi, descending to the left before the ski slope, you will return to your departure point.



SANTA GIULIA

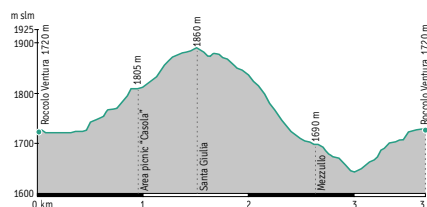
DEPARTURE POINT: ARRIVAL OF ROCCOLO VENTURA CHAIRLIFT



A scenic circular trail along the northern slopes of Monte Casola. Along the route there are two rest areas equipped with illustrated teaching totem which are both naturalistic and historical.

From Roccolo Ventura, reachable by the lift of the same name, keep to the right towards the baite di Casola. About 400 metres beyond the houses, and leaving the diversion for La Maralsina to the left, you will reach the first rest area: here take a sharp turn to the right and climb the steep path into the woods. After crossing the ski slopes you will re-enter the woods. If you lift your eyes towards the sky, through the conifers and the

shrubs, it is not unusual to catch sight of some birds of prey. After a number of up and down stretches you will reach the church of Santa Giulia and the lovely picnic area below. The trail continues on dirt roads and after descending for about 1 km you arrive at the baite di Mezzullo and a few hundred metres further on you will cross the road to the right which takes you to Roccolo Ventura.



LA MARALSINA (1735 m) Tel. +39 333 7960480 / +39 339 1987326

ROCCOLO 1723 (1723 m) Tel. +39 329 0046084

PREMIA - GAFIÙ

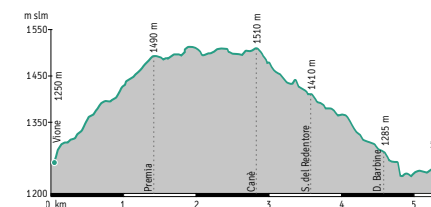
DEPARTURE POINT: THE CENTRE OF VIONE



An interesting trail and the discovery of the Premia barns.

From the centre of Vione (1250m) you reach the crossroads at the top of the village, cross the main road to Canè and take the steep road which ascends to the last houses. Once past the diversion to the left, you arrive at la Santella above a sharp hairpin bend and a crossroads. Continue up until reaching the next sharp bend and at the crossroads go right. Once you arrive at a fork in the road continue to the right along a mule track, passing some barns and finally arriving at Premia (1490 m). Just before reaching a cross take the road to the right, which eventually, after a series of 'up and down' stretches leads to Canè, passing a fresh mountain water spring. On reaching the village, past the cemetery and the car park, descend the asphalted road and after sharp bend turn

right and take the old road to Canè. After the Santelle della Via Crucis this road and the main provincial road join up for a few hundred metres. Diverting to the left and then straight away to the right you will cross the Doss de le Barbine and descend the dirt road below. By turning right you will once again reach the centre of Vione.



CAVA DEL BOROM - CÒLER

DEPARTURE POINT: PIAZZA IV LUGLIO

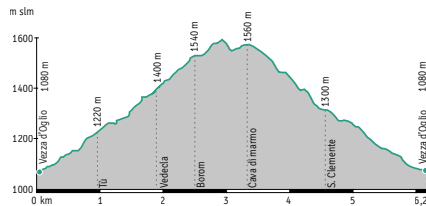


-  **DISTANCE**
6,2 km
-  **ALTITUDE DIFFERENCE**
+/- 400 m
-  **ESTIMATED TIME**
3h00
-  **SEASON**
may/november
-  **DIFFICULTY**
Hard

This trail is immersed in the history of the marble quarries of

From the main square in Vezza d'Oglio follow the road to the left and ascend the village on the mule track. Once reaching another asphalted road, follow a narrow path which leads to the tiny hamlet of Tù, pass the houses take the road which leads to Val Grande. At the second sharp bend you will find yourself on a grassy, flat muletrack. Once having crossed the road to S.Clemente and reached the cross, continue on the mule track, leaving the road which descends to the right, which arrives at Borom. Continue upwards to the right on the dirt road until reaching the crossroads, from here descend along a paved road, once used for the transport of marble from the nearby quarry. Continue on the mule track through the woods until arriving

at a picnic area close to the church of S. Clemente. Proceed to the right and shortly after the small bridge continue downwards and leave another mule track to the right. On reaching the asphalted road take the passage which cuts the sharp bend and diverts to the left, and takes you back to Vezza d'Oglio.



MORTIROLO - MOIÀC

DEPARTURE POINT: CHIESETTA DI S. GIACOMO - MORTIROLO

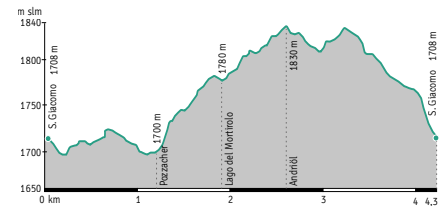


-  **DISTANCE**
4,3 km
-  **ALTITUDE DIFFERENCE**
+/- 160 m
-  **ESTIMATED TIME**
1h40
-  **SEASON**
may/november
-  **DIFFICULTY**
Easy

A pleasant walk through the fields of Mortirolo.

From the church of S Giacomo, 1.5 km before Passo Mortirolo, take the flat dirt road close to the sharp bend. After about 1 km leave the dirt road to the right and go upwards until reaching some barns and then follow the road slightly downhill for around 400 m in the direction of Pozzacher. At the next junction take the dirt road to the right which passes alongside an isolated barn and which then becomes steeper and leads to Lago Mortirolo. It is possible to reach the mountain refuge at Lago del Mortirolo (1785 m) directly from the path on the right or by passing the 2 rest area on the left of the lake. From here go back along the dirt road to the access to the rifugio where there

is a wonderful view of the Adamello mountain group and the surrounding wetlands (Moiàc) characteristic of the area of Mortirolo. Once you have reached the main road continue to the right and after a few hundred metres leave the road to Pianaccio to the left and go down towards the hotels in Mortirolo, in a short time you will be back to the departure point.



GIRO VALERIANA

DEPARTURE POINT: THE CENTRE OF EDOLO



DISTANCE
12,3 km



ALTITUDE DIFFERENCE
+/- 380 m



ESTIMATED TIME
4h00



SEASON
may/november

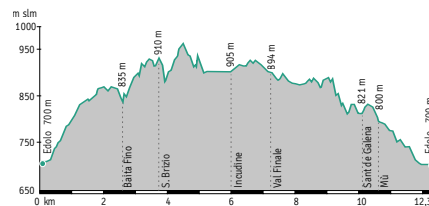


DIFFICULTY
Medium

A pleasant and easy route. Some physical commitment is necessary because of the distance involved. It winds its way along two sides of the valley between Incudine and Edolo, and walkable almost all year.

From the centre, crossing Piazzetta Moles you will reach the road to Mola. Leave the road at the first sharp bend and proceed to the right along the fork which leads to the residential area Sarotti Basioli, Croce. After the last small quarter continue along the dirt road. After passing the Baita and the Rio Fino (an up and down stretch of road) you will reach the ancient church of San Brizio. Continuing on you will briefly enter the valley Ogliolo di Monno. Passing this valley a steep cobble stone road leads to the road for Monno. Going

downwards to the right you will reach the state road, where, taking great caution you will reach the first houses in Incudine and the Via Valeriana. Here turn sharp right up to the first sharp bend. Turning once again to the right continue along the cycle/pedestrian path, a pleasant walk starting off gently and then more steeply, you finally reach the vast Sant de Galena, the village of Mù, and Edolo.



SENTIERO DELLA PACE

DEPARTURE POINT: GONDOLA PARADISO CAR PARK



DISTANCE
9 km



ALTITUDE DIFFERENCE
- 710 m



ESTIMATED TIME
2h30



SEASON
july/september

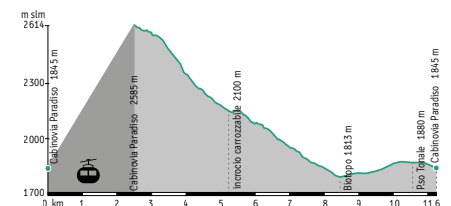


DIFFICULTY
Easy

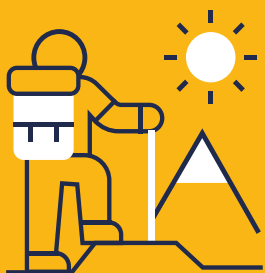
Trail developed in descent, offering a perfect union between history and nature.

Take the Gondola Paradiso, at the arrival descent left for 50 m. The path descends on the right coasting the lake Monticelli. A small diversion in ascent is suggested, to reach a panoramic point with 360° view. Continuing the descent, you can see the ruins of a military village, clung on the rocks. The trail continues on boulders of local granite, immersed in an untouched nature made by rhododendrons, junipers and mountain alders. You reach a dirt road from which you can go higher and have a look at a small waterfall and then at the Alveo Presena, the small lakes and the particular bights, shaped by the icy water from the glacier. Coming back, you go further through the dirt road, crossing a

tunnel and arriving at a bend from which you can admire the special Peat Bogs of Passo Tonale. You go left to re-join the trail Percorso Vita, the road that brings you to the Military Monument and then to the starting point.



PASSO PARADISO (2585 m) Tel. +39 0463 808002 / +39 338 4958621



HIKING

Exciting trails, for the more experienced hiker wishing to discover our unlimited heritage rich in history and culture, flora and fauna, and the unique flavors and perfumes on offer.

- | | |
|--------------------------|-----------------------------|
| 1 Pozzi Alti | 8 Bocchetta di Casola |
| 2 Lago di Barco | 9 Cima Bles |
| 3 Città morta | 10 Laghetti di Pietra Rossa |
| 4 Dosso di Casamadre | 11 Val Grande |
| 5 Laghi Monticelli | 12 Piana dei Morei |
| 6 Bocchette di Val Massa | 13 Sentiero dei Cervi |
| 7 Rifugio Garibaldi | 14 Monte Aviolo |

POZZI ALTI

DEPARTURE POINT: VELON

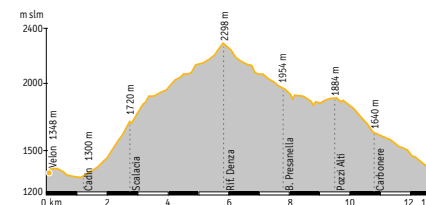


| | |
|--|----------------------------------------|
| | DISTANCE 12,9 km |
| | ALTITUDE DIFFERENCE +/- 850m |
| | ESTIMATED TIME 4h30 |
| | SEASON june/october |
| | DIFFICULTY Medium |

An interesting and enchanting route in a loop under the magnificent glacial scenery of the Presanella.

From Velon follow the narrow road to Val Stavel; once you arrive at the wide bend which leads to Maso Cadi, leave the dirt road and ascend the SAT 206 to the right which goes to the so called Scalacia, a stretch equipped with wooden gangways and metal rope and which should be accessed with great care. Having circled the Doss di Stavel a wonderful view of the north face of the Presanella opens up in front of you; intercepting the SAT 233 continue on until reaching Rifugio Stavel Denza. Descend once again to the crossroads and follow

the SAT 233 for a long stretch at high altitude interlaced with a number of rocky gorges. After a passage beneath a small waterfall and a dark tunnel preceded by an unsteady gangway you will reach the Austrian-Hungarian military road which in a very short times leads to the remains of Forte Pozzi Alti. After the Fort continue, initially, west; leaving the diversion for Pozzi Bassi descend to the right until passing Carbonere and reaching the dirt road which returns to Velon.



RIFUGIO STAVÈL F. DENZA (2298 m) Tel. +39 0463 758187 / +39 339 6233902

LAGO DI BARCO

DEPARTURE POINT: LAGHETTI DI S. LEONARDO

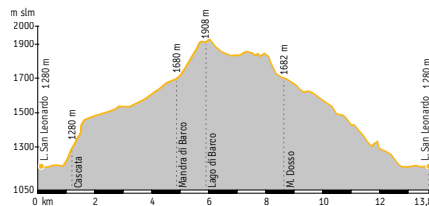


-  DISTANCE
13,8 km
-  ALTITUDE DIFFERENCE
+/- 800 m
-  ESTIMATED TIME
4h30
-  SEASON
june/october
-  DIFFICULTY
Easy

An evocative route which winds its way along the north side of the Vermigliana Torrent, between the Val Palù and the Valpiana, through the Val di Barco and the lake of the same name.

From the S Leonardo lakes take the dirt road and subsequently the path which leads to the panoramic Palù waterfall. Having crossed the woodland you will reach the above lying forest road which ascends to the left. After about 1 km leave the crossroads to the right and continue for another 2 km up to Mandra di Barco. Cross the torrent and take the SAT 205 which runs upwards through some wetland; after 1 km, passing through some dense woodland you reach Lago di Barco, an enchanting mirror

of water reflecting the snow covered mountains above. Continuing along the 205 you will reach the solitary Lago Piccolo, nestled in the upper part of the valley. Coasting along the northside of the Lago di Barco continue along the 204 up to the panoramic Malga Dosso, from where, between dirt roads and muletracks you will return to the departure point.



CITTÀ MORTA

DEPARTURE POINT: OSPIZIO S. BARTOLOMEO

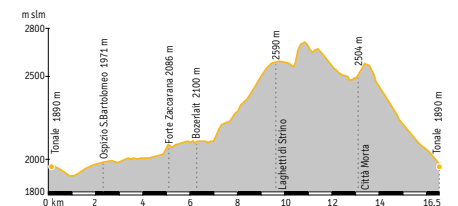


-  DISTANCE
16,5 km
-  ALTITUDE DIFFERENCE
+/- 970 m
-  ESTIMATED TIME
5h00
-  SEASON
july/september
-  DIFFICULTY
Medium

An excursion carried out amongst panoramic hills, alpine lakes and interesting remains from the First World War.

From Tonale follow the dirt road to Ospizio S. Bartolomeo and proceed eastwards. Ignoring the crossroads to the left (to Malga Valbiolo) and having reached the fields around Tonale, reascend the 160 to the left which leads to Forte Zaccarana. Once having passed the panoramic clearing of the Fort and some wooden steps, you enter the Val di Strino from the Bozerlait path, the old channel used as a water supply to the fort. On reaching the crossroads ascend the 137. At the next junction (137A) continue along the very winding road to the right and ascend the steep grassy face. After the crossroads on the 161, turn right until arriving at the Laghetti di Strino. Returning to the junction cross

over (at high altitude) until reaching the Città Morta the settlement of the Austrian army during the Great War. A short steep stretch will take you to the mountain pass above, an excellent point from where to admire the panorama of the Presanella and Adamello groups. Descend the grassy slopes which lead to the bottom of Valbiolo and Passo Tonale.



DOSSO DI CASAMADRE

DEPARTURE POINT: CHIESETTA DEI FRATI

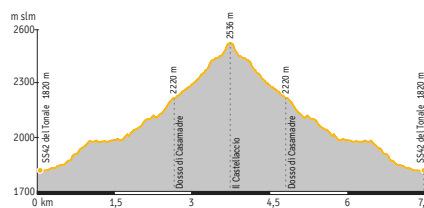


-  **DISTANCE**
7,5 km
-  **ALTITUDE DIFFERENCE**
+/- 720 m
-  **ESTIMATED TIME**
4h00
-  **SEASON**
june/october
-  **DIFFICULTY**
Medium

A very interesting and evocative route, both from a historical and naturalistic point of view. An excursion which offers spectacular views from the Val Camonica to Passo Tonale and from the crest of the Castellaccio-Payer to the Pisagana glaciers.

Shortly after the bend and the small church of the Frati and about 1 km from Tonale, you leave the state road and take the dirt road which leads to a dilapidated aqueduct (1800 m). Once on the 645 cross the torrent and you will reach the ski slopes (reachable also from the Caserma Tonolini car park). Once past the slope and after a number of sharp bends there is a military tunnel (this can be visited with the help of an electric lamp). Once back on the uphill road a

steep field will take you to a military path, which zigzagging between tunnels and remains of the barracks, rises up to Dosso di Casamadre (Castellaccio 2536 m) and from where you can admire a 360° view. The return journey can be made in reverse or by taking the path to the left (sometimes this can be hidden by the overgrowth) and which reaches the interMediumte station of the Ponte Tonale cabin car. (1650 m).



LAGHI MONTICELLI

DEPARTURE POINT: CASE PREDAZZO – S. APOLLONIA

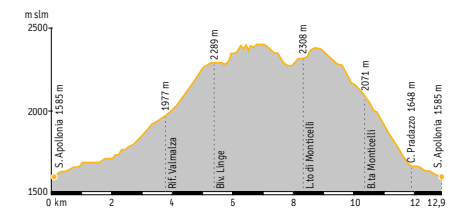


-  **DISTANCE**
12,9 km
-  **ALTITUDE DIFFERENCE**
+/- 980 m
-  **ESTIMATED TIME**
4h50
-  **SEASON**
july/september
-  **DIFFICULTY**
Hard

An excursion through woods of Larch trees, floral field and shrubs, the home of wild deer and Marmots right up to Valmalza and Bivacco Linge. Return passing the scenographic Laghi Monticelli.

From S. Apollonia in the Stelvio Natural Park, continue along the road on the valley floor. At the end of the flat and even stretch the dirt road becomes progressively steeper all the way to Rifugio Valmalza (1977 m) and from where you continue up to the path which arrives at Valmalza. Continuing in the direction of Pietra Rossa you will reach Bivacco Linge (2289 m). You can go back in exactly the same way or alternatively

along the more difficult route to Malga Somalbosco. (some stretches are exposed and equipped with safety chains), having passed this stretch there is a crossroads to the left and from continue to the picturesque Lago di Monticelli; carry on from here (it is also possible to do a loop tour and visit the above lying lakes) up to the second fork, from where, diverting to the left takes you back to the valley floor and the point of departure.



 **BIVACCO LINGE (2289 m)**
 **RIFUGIO VALMALZA (1998 m)** Tel. +39 348 7962766 / +39 347 3811655

BOCCHETTE DI VAL MASSA

DEPARTURE POINT: S. APOLLONIA

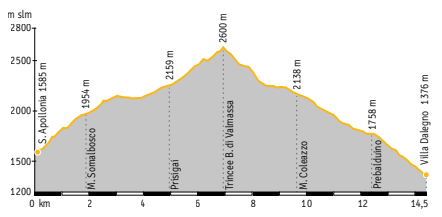


- DISTANCE **14,5 km**
- ALTITUDE DIFFERENCE **+ 1000 m / - 1150 m**
- ESTIMATED TIME **5h30**
- SEASON **june/october**
- DIFFICULTY **Medium**

A panoramic route through paths, muletracks and Forts remaining from the Great War, all within the Stelvio National Park.

From S. Apollonia (1585 m) cross the Frigidolfo torrent, next to the Osteria Pietrarossa and ascend until reaching Malga Somalbosco; continuing to the left you will reach the Malga Prisigai (a brief diversion is recommended to see some very interesting underground trenches). Continuing to the left for about 500 m you will reach the military road to Bocchette di Val Massa. Here you can admire the Trincerone (enormous trench): the imposing defense, still intact, from the Great War, with its numerous placements, embrasures (shooting points), observation points, sheltered walkways and shelters.

The route back can be the same as the original continuing to the right towards Val Massa, leaving the military road to the left. Once you have encircled the hill you will reach a series of dilapidated huts known as Coleazzo, the malga of the same name and the wide balcony known as Plaz Tunal. Continuing along the forest road you will reach a clearing (Paoline) and after a short stretch the path reaches Case di Prebalduino and finally Villa Dalegno.



RIFUGIO GARIBALDI

DEPARTURE POINT: MALGA CALDEA (VAL D'AVIO)

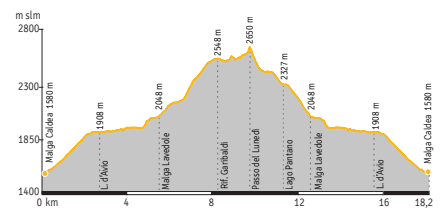


- DISTANCE **18,2 km**
- ALTITUDE DIFFERENCE **+/- 1150 m**
- ESTIMATED TIME **6h15**
- SEASON **june/october**
- DIFFICULTY **Medium**

The Val d'Avio is characterized by hydro-electric stations, long wide flat land, alpine lakes, glaciers and the majestic north face of the Adamello. During the Great War the Rifugio Garibaldi represented the main access point to the glaciers, today, though, it is the departure point for excursions to the Adamello and other surrounding mountains.

following the 601, Lago Benedetto, you pass the rocky Segostino to reach Malga Lavedole. Continue upwards on the military muletrack, which, after the last stretch known as Calvario will take you to the Venerocolo Dam, the Chiesetta degli Alpini, and finally Rifugio Garibaldi (2548 m). You can return the same way or alternatively you can reach the Passo del Lunedì (2650, m) descend the artificial lake Pantano (2327 m) and rejoining the path to Malga Lavedole and Malga Caldea.

From Malga Caldea (1580 m), reachable either by car (on a disconnected road) or on foot along a mule track, ascend the nine sharp bends which lead to the artificial basins. Once having crossed the wide plain alongside the Laghetto d'Avio, the Lago d'Avio and then,



BOCCHETTA DI CASOLA

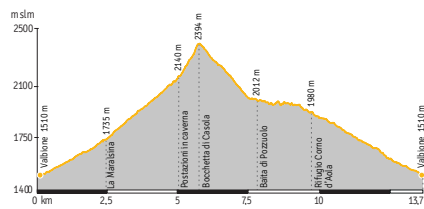
DEPARTURE POINT: VALBIONE



A trail through the Adamello Park, the placements from the Great War, through the breathtaking views of the Salimmo, the Ortles-Cevedale group and the Bernina.

From Ponte di Legno ascend to Valbione (1517 m) either by chair lift or by car, from here coast the Capanna Valbione and take the old military muletrack. After a number of sharp bends you will find yourself on a ski slope where you ascend for another 50 metres. Turning to the right you cross another piste and leaving La Maralsina to the right continue along the military muletrack which coasts the Pertiche hill. On reaching some ruins from the Great War the muletrack becomes a zig zag path which leads to Bocchetta di Casola (2394

m). From here the path descends until reaching Pozzuolo (2020 m). From here it is possible to take the military muletrack to Rifugio Petit Pierre Corno d'Aola (1964 m) and to return to Valbione on the military road no. 647. Alternatively you can descend towards the valley floor taking firstly the signposted path and then the dirt road which leads to the golf course and the Valbione lake.



CAPANNA VALBIONE (1512 m) Tel. +39 0364 92324

RIFUGIO PETIT PIERRE CORNO D'AOLA (1980 m) Tel. +39 0364 91022 / +39 339 7481915

LA MARALSINA (1735 m) Tel. +39 333 7960480 / +39 339 1987326

CIMA BLES

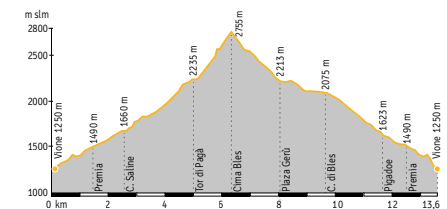
DEPARTURE POINT: VIONE



A demanding loop trail which culminates on the panoramic Cima Bles; crossing some interesting rural centres and the archeological site of Tor del Pagà.

From the top of the village of Vione and following the signs, you will reach the beautiful rural locations of Premia and Case Salina. From here take the muletrack 184 which ascends into the dense woodland full of Larch trees and which becomes progressively clearer and lighter and leads to the archeological site. From here, on a steeper stretch you will arrive at the eastern side of Cima Bles; by tackling the steep channel with great care, in a short time you will arrive at the summit. This is an excellent point from which you can admire the surrounding mountains. The descent is on the west side, crossing some wreckage and occasionally patches

of snow you will reach the hill below and the small encampment Plaza Gerù. The pure white crown of marble which forms the face of Cima Bles and Cima MurHard, the rich flora of rhododendrons and the wide views make this location particularly striking. From here descend south until reaching the path to the left which leads to Casine di Bles (2080 m) and from where you return to Vione.



LAGHETTI DI PIETRA ROSSA

DEPARTURE POINT: DISTRICT OF CANÈ

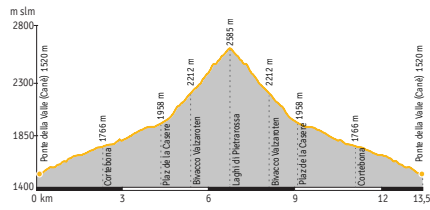


- DISTANCE **13,5 km**
- ALTITUDE DIFFERENCE **+/- 1070 m**
- ESTIMATED TIME **5h10**
- SEASON **june/october**
- DIFFICULTY **Medium**

Immersed in the Stelvio National Park, the Val di Canè holds floral pastureland, witnesses to antique architecture and local production, wild animals, snowfields at high altitude, and numerous alpine lakes including Pietra Rossa (2500 m).

Without diverting and following the road from the bottom of the valley, you will reach Cortebona. Here there is an Agriturismo and an equipped area, where, on request, it is possible to spend the night in one of the buildings in the park. Continuing in ascent, and leaving behind the diversion to an old marble quarry, and reaching the extremity of the valley, ascend to the right until reaching Bivacco Valzaroten (2212 m). Continuing north-west and passing

a rocky hill, you will catch sight of the lakes of Pietra Rossa (2585 m). The return journey follows that of the outward route but from the lakes it is possible to reach, in a short time, the Passo di Val di Canè (2674 m) from where you can glimpse the Val Grande. From here the most expert hikers can continue in a loop, with some stretches exposed, which takes you to Cime di Pietra Rossa, and to Cima Monticello and from here descend to Valzaroten.



BIVACCO VALZAROTEN (2212 m)
AGRITURISMO VAL DI CANÈ (1770 m) Tel. +39 347 7366081

VAL GRANDE

DEPARTURE POINT: DISTRICT OF TÙ

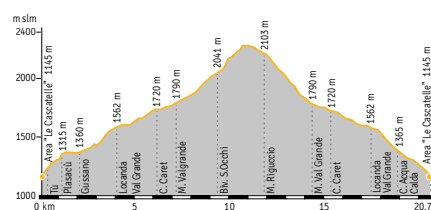


- DISTANCE **20,7 km**
- ALTITUDE DIFFERENCE **+/- 1150 m**
- ESTIMATED TIME **6h30**
- SEASON **june/october**
- DIFFICULTY **Medium**

The Val Grande with its numerous huts which are dotted across the pastureland on the valley floor, is one of the most fascinating and faunistic in the Stelvio National Park.

From Cascatelle (1145 m) take the muletrack to the right, which leads to the village of Tù, and from here the asphalted road to Plasacù. Continuing along the road you will reach a bridge in Acqua Calda and from here continue through the woods until reaching Scudeler. Having crossed the torrent, a further ascent through the woods leads to Caret, where, by leaving the deviation to the right which goes to the cappella di Caret, you carry on flanking the torrent up to the malga Val Grande (1790 m). From here, crossing the fields and the bushes you will

reach Plaž de l'Asen (2040 m) where the encampment dedicated to Saverio Occhi is situated. To return you can repeat the outward journey or alternatively take the more demanding and difficult Sentiero dell'Asino, which crosses the right side of the valley and reaches Rigucc, from here it is possible to return to the departure point by following the path to the left.



LOCANDA VAL GRANDE (1562 m) Tel. +39 366 5954904
BIVACCO S. OCCHI (2047 m) Tel. +39 0364 76131

PIANA DEI MOREI

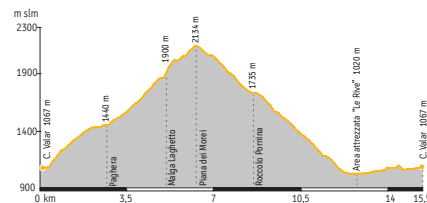
DEPARTURE POINT: DISTRICT OF STADOLINA (VIONE)



An excursion in Val Paghera and the discovery of Piana dei Morei: a panoramic balcony which bears witness to the Great War.

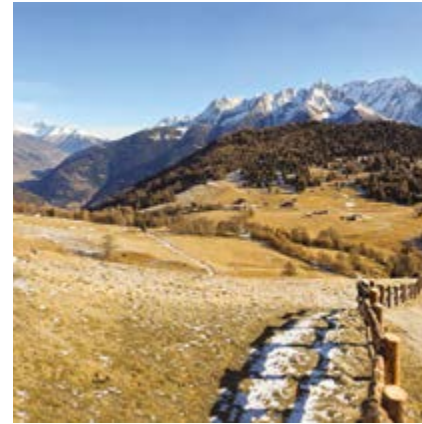
From the houses in Vallaro (1067 m) ascend the road to the south to Val Paghera. By diverting to the left and then to the right it is possible to reach some fortifications dating back to the Great War. Continuing on the main road (without diverting) you will arrive to the houses in Paghera, from where you take the CAI 672 for a brief stretch and then continue south. After the bridge over the Vallaro Torrent continue straight (do not divert to the left) towards the extremity of the valley, here the road becomes a muletrack. At the end of this, turn right and ascend steeply to Malga Laghetto, continue on to Piana dei Morei, where,

ascending the military placements you will reach Cresta dei Salì. To return follow the military path and then the old Pornina road until reaching Le Rive. Having crossed the River Oglio you return to the houses in Vallaro by way of the pedestrian/cycle path.



SENTIERO DEI CERVI

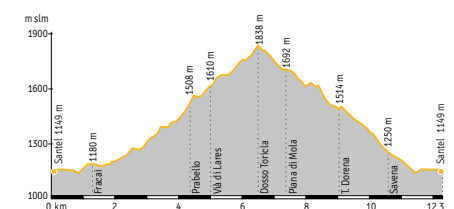
DEPARTURE POINT: SPORTS FIELD



A very pleasant loop trail following the CAI 171, which rotates around the faunistic oasis of the Altopiano Mola-Dosso Toricla.

From Monno take the dirt road which descends from Santèl to the bridge on the Valle del Mortirolo (here you can see the remains of an old saw-mill) and then reascend to the crossroads in Fracai. By taking the dirt road to the left you cross the Ogliolo torrent and go up through the woods to Paghera di Sopra. At the sharp bend below continue to the right on a muletrack where you will reach and pass the Edolo-Mola road (via di Lares). After a short stretch of flat dirt road you ascend the path to Dosso Toricla. This is a location of archeological, historical and naturalistic importance and is particularly enhanced by large

numbers of deers. From here descend in a westerly direction towards Mola. Once you reach the church dedicated to Beato Don Gnocchi, a short stretch of road, initially asphalted and then (diverting to the left) a dirt road will lead you to a characteristic stronghold with a drinking fountain. At the junction follow the path to the right and descend until you pass the Val Dorena and the vast pastureland of Savena and return to the point of departure.



MONTE AVIOLO

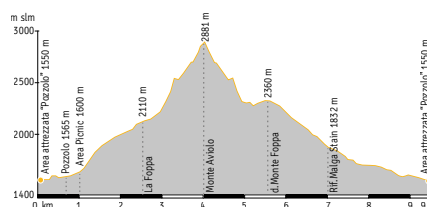
DEPARTURE POINT: PICNIC AREA POZZOLO



One of the most fascinating routes within the Adamello Park.

From Pozzolo (1550 m) reachable by car from Edolo, take the 634 which reaches a second picnic area, ignoring the 672 to the left, ascend to the right through the woods. Having crossed the beautiful Foppa you go beyond a steep channel and you will reach the signposted junction to Monte Aviole. From here the trail becomes more difficult and demanding; ledges and small gorges and some icy patches and snow residue make it useful to be equipped with a snow pick and crampons. Some of the stretch is easier but nevertheless exposed. Finally you will reach the summit. The panorama here is extraordinary, stretching from the nearby frozen bastions to the

distant Monte Rosa. Descend once again at the junction and turning left you reach the dorsal of M. Foppa - M.Colmo (attention here as the rocks can be slippery), up to rifugio Malga Stain. Continuing west you cross the exceptional balcony adjacent to the rifugio and enter the woods, after a short time you will be back to the departure point.





TREKKING TOUR

Spectacular trekking experience over two or more days, from Rifugio to Rifugio.. ready with your backpack, to explore our mountains and to recharge both your mental and physical energy amid the surroundings of the Alpine huts. Suitable for well-equipped and well trained experts.

- 1 Alta Via dell'Adamello
- 2 Alta Via Camuna
- 3 Sui sentieri della Grande Guerra

ALTA VIA DELL'ADAMELLO

DEPARTURE POINT: PONTE DEL GUAT (SONICO)



A majestic route along the northern part of the famous Hard Via. Divided into 4 stages (if necessary it is possible to descend one of the vallies already crossed).

1.1 From the Ponte del Guat (Val Malga, Sonico) follow the path which leads, firstly to Rifugio Gnutti and then, crossing the characteristic Passo del Gatto, to the Rifugi Baitone and Tonolini.

1.2 Ascend to Passo Premassone (2913 m and the roof of this trail), then descend cautiously some exposed passes to reach Lago Pantano, Passo del Lunedì (dangerous in the case of bad weather) and Rifugio Garibaldi.

1.3 Descend the so called Calvario to the plain of Malga Lavedole; coasting Lake Benedetto to the Malga di Mezzo, to the left re-ascend the steep and strenuous part which leads to Passo delle Gole Larghe, then descend to Rifugio Aviolo.

1.4 Having passed Lago Aviolo and the flat land of the same name you arrive at Passo di Gallinera (Festa campsite) and descend the valley to then climb again to Malga Stain and to reach the road to Monte Colmo. For anyone without transport, both Edolo and Ponte del Guat can be reached by way of primary and secondary pathways.



RIFUGIO VAL MALGA (1170 m)

Tel. +39 348 9689048 / +39 346 6293083

RIFUGIO PREMASSONE (1650 m)

Tel. +39 0364 75163 / +39 339 7471594

RIFUGIO GNUTTI SERAFINO (2166 m)

Tel. +39 0364 72241 / +39 339 7477766

RIFUGIO BAITONE (2281 m)

Tel. +39 366 4989688 / +39 335 8166047

RIFUGIO TONOLINI (2450 m)

Tel. +39 0364 71181 / +39 338 9282075

RIFUGIO GARIBALDI (2548 m)

Tel. +39 0364 906209 / +39 339 5236327

RIFUGIO AVIOLO S. OCCHI (1930 m)

Tel. +39 0364 76110 / +39 347 3651879

BIVACCO FESTA (2320 m)

RIFUGIO MALGA STAIN (1832 m)

Tel. +39 338 8542450 / +39 347 3162257

ALTA VIA CAMUNA

DEPARTURE POINT: SOLEDRA (PONTE DI LEGNO)



RIFUGIO BOZZI A. (2478 m)

Tel. +39 0364 900152 / +39 339 8611947

RIFUGIO VALMALZA (1998 m)

Tel. +39 348 7962766 / +39 347 3811645

BIVACCO LINGE (2289 m)

BIVACCO S. OCCHI (2047 m)

Tel. +39 0364 76131

LOCANDA VAL GRANDE (1170 m)

Tel. +39 366 5954904

An interesting and scenic trekking experience both historical and faunistic, in 4 stages.

The Bocchetta dei Tre Signori is currently unsafe and therefore will not be part of the classic trail.

2.1 From Ponte di Legno (Soledra) take the mule path to Case Plazzola. Having crossed the Tonalina road, continue on to the panoramic Dosso di Meda. By taking a left turn and crossing a wide stretch you will reach Rifugio Bozzi.

2.2 Cross the military village and continue to Lago di Ercavallo. After a descent and having crossed a wide area you will arrive at Passo delle Graole, from where you descend to the military base and Case di Gioco and S. Apollonia. From here an easy dirt road brings you to Rifugio Valmalza.

2.3 Climb from here to the Linge campsite and the even more challenging and difficult Passo di Pietrarossa. Descend very carefully (the ground can be slippery and often snow covered. There is an obligatory stretch which avoids the rocks and is equipped with metal ropes). And finally Bivacco Saverio Occhi.

2.4 Descend the dirt road across the Val Grande until arriving at Zezza d'Oglio.

SUI SENTIERI DELLA GRANDE GUERRA

DEPARTURE POINT: PONTE DEL GUAT



Trekking along paths, villages and trenches of the Great War.

3.1 From Edolo proceed to Malga Mola and continue towards Val Dorena. On reaching the Costa Bella a wide stretch of road takes you to Lago del Mortirolo and the Rifugio.

3.2 Arriving at Ponte Palù ascend towards Caret and continue along the muletrack which leads to the fortification of Monte Pagano. The long descent opposite goes to Pianaccio and towards the Malga Bighera, the Val Grande and the Locanda.

3.3 Once having crossed the torrent the muletrack leads to Plasa Granda, the Military Museum and Cima Rovaia. Continue along the Sentiero del Soldato (the soldiers' path) to Porta MurHard and then down to Plasa Gerù, Tor dei Pagà, Casine de Bles, and Cortebona in Val di Canè.

3.4 Upwards towards Baite Coleazzo; bypassing a small hill you will be facing the

Bocchetta di Val Massa with its exceptional collection of war relics. Descend to Malga Prisigai which then takes you to Malga Somalboscio, to Laghi Monticelli, Bivacco Linge and Rifugio Valmalza.

3.5 Descend to S. Apollonia and you will reach Case di Gioco, the village of the Graole cross over to Malga Forgnucolo. Descend to the picnic area of Pra del Rum to then ascend to Rifugio Bozzi, it's museum and military village.

3.6 Ascend to Passo dei Contrabbandieri and proceed along the crest which takes you to Cima Casairole and to Monte Tonale Occidentale (west). Descend past the military cemetery Serodine to Passo Tonale where a visit to the Sacratio Militare is highly recommended.



RIFUGIO RIFUGIO MOLA (1702 m)

Tel. +39 348 4161910 / +39 347 7774734

RIFUGIO AL LAGO DEL MORTIROLO (1785 m)

Tel. +39 329 4547123

LOCANDA VAL GRANDE (1562 m)

Tel. +39 366 5954904

AGRITURISMO VAL DI CANÈ (1700 m)

Tel. +39 347 7366081

BIVACCO LINGE (2289 m)

RIFUGIO VALMALZA (1998 m)

Tel. +39 329 4547123

RIFUGIO BOZZI A. (2478 m)

Tel. +39 0364 900152 / +39 339 8611947



VIA FERRATA

Itineraries at sky level, along the placements dating back to the Great War. Suitable for experts with alpine and mountain equipment (harness and picks) and preferably accompanied by an alpine guide. A high altitude experience which will allow you to enjoy the mountains in their full essence. Just one step from the sky!

- 1 Sentiero dei Fiori
- 2 Cima Payer
- 3 Sentiero degli Austriaci

SENTIERO DEI FIORI

DEPARTURE POINT: ARRIVAL OF GONDOLA PRESENA



 DISTANCE
5,1 km

 ALTITUDE DIFFERENCE
+ 390 m /- 800 m

 ESTIMATED TIME
5h00

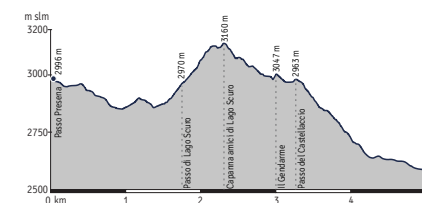
 SEASON
july/september

 DIFFICULTY
Via ferrata

This route, of great historical and naturalistic interest, uncovers the military built at an altitude of 3000 m. Retrace the ways that the Alpini used during the First World War, to connect the placements built along the crest of Castellaccio-Pisgana.

at Lago Scuro and to Corno di Lago Scuro (3165 m). The path, whose name should not deceive you, crosses exposed ledges and disconnected channels with a continuation of steps and gangways. Having reached the Gendarme, there is the possibility to cross the suspended gangways or alternatively, equipped with a torch, to pass through a long tunnel. The path reaches Passo Castellaccio (2963 m) and descends along the east of the valley to the Laghetti di Monticello and the Cabinovia Paradiso station.

The itinerary departs from the arrival of the Gondola Presena and follows the route to Lago Scuro, where there is a military village dating back to the Great War, with a small church and with recently reconstructed barracks now used as a museum. Climbing the long stone trail north, you will arrive at Capanna Amici





PANORAMA 3000 GLACIER (3000 m) Tel. +39 0463 808001 / +39 338 4958621
CAPANNA PRESENA (2753 m) Tel. +39 0463 808001 / +39 338 4958621
PASSO PARADISO (2585 m) Tel. +39 0463 808002 / +39 338 4958621

CIMA PAYER

DEPARTURE POINT: ARRIVAL OF GONDOLA PRESENA

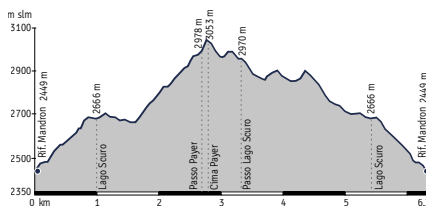


-  DISTANCE **6,3 km**
-  ALTITUDE DIFFERENCE **+/- 650 m**
-  ESTIMATED TIME **4h00**
-  SEASON **july/september**
-  DIFFICULTY **Via ferrata**

Panoramic equipped route, retracing the daring military trenches built on the border between Italy and the Austro-Hungarian Empire, along the Lago Scuro and Payer passes.

This is considered the normal progression towards the Sentiero dei Fiori. From Rifugio Mandron ascend the steep crag to Lago Scuro. Close to the upper margin of this austere basin there is a junction; taking the path to the left, over some rocky hills and through some rubble and debris, you will reach Passo Payer. The scene which presents itself here is one of granite tectonic plates, vertical stretches of land, sharp crests and exposed passes, all of which must be confronted with great care. From Cima Payer continue along the ledge, between wooden gangways and rocky

steps until arriving at Passo di Lago Scuro and the military village of the same name. After the Pass, coast alongside the slopes on the south side of the Corno di Lago Scuro up to the intersection with the SAT 209 from where you will return to Rifugio Mandron.



RIFUGIO MANDRON - CITTÀ DI TRENTO (2449 m) Tel. +39 0465 501193 / +39 0465 321854

SENTIERO DEGLI AUSTRIACI

DEPARTURE POINT: MALGA VALBIOLO

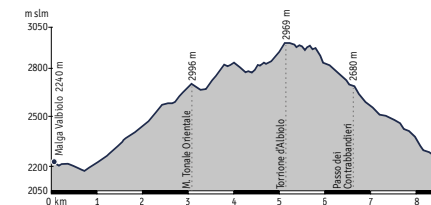


-  DISTANCE **8,6 km**
-  ALTITUDE DIFFERENCE **+/- 850 m**
-  ESTIMATED TIME **5h00**
-  SEASON **july/september**
-  DIFFICULTY **Via ferrata**

A very interesting route along the placements from the Great War, offering spectacular views of the Presanella, Adamello and Ortles-Cevedale groups.

From Malga Valbiolo take the SAT 111/161 which reaches the peak of Monte Tonale Orientale. This is the starting point of this trail: a series of Austro-Hungarian placements right up to Torrione D'Albiolo. This trail is initially undemanding but becomes more difficult continuing on. The path is scattered with war remains and relics and going towards Torrione, you can see flights of steps made of cement, artillery placements, tunnels and traces of the arrival point of a cableway. From the summit you descend west to the fork in direction of Valle di Pezzo.

From here continue on towards Passo dei Contrabbandieri on an equipped path (the Sentiero degli Alpini, where there are some stretches without safety chains) or alternatively the easier Sentiero dei Laghi across the junction to Montozzo and Rifugio Bozzi. Arriving at the pass, follow the 111 to return to Malga Valbiolo.



MALGA VALBIOLO (2250 m) Tel. +39 331 5261088
RIFUGIO BOZZI A. (2478 m) Tel. +39 0364 900152 / +39 339 8611947

The last suggestion

This brochure gives you some ideas about wonderful adventures on the mountains, but we are sure a map will be useful along the paths. Here it is: you only have to detach it and put in your backpack; it will follow you on all the trails you decide to try.

Have a nice walk!



Trails' relief, info and texts: Mario Sterli
Maps and graphics profiles: SeTe srl - SeTe Map
Photo credits: Mario Sterli, Mauro Mariotti, Davide Fornari, Graziano Filippini, Gérard Guerrier, Christian Martelet, Icaro Pigolotti



PONTEDILEGNO TONALE

It's my nature

Consorzio Pontedilegno-Tonale

Via F.lli Calvi, 53 - 25056

Ponte di Legno (BS) ITALY

Tel. +39 0364 92097/92066

info@pontedilegnotonale.com

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