ADVICE

- Check the updated weather conditions as these can change quickly in the mountains.
- Suitable and adequate equipment and thorough preparation are fundamental.
- Always choose a bike in accordance with your ability or type of trail you are intending to do.
- A riding helmet must be worn and well secured; clothes for different situations should be functional, with a wind jacket and rainwear.
- Take with you energising bars and plenty of drinks.
- Take great care on the descents, always be in control of your bike and moderate the speed based on ability, weather conditions and terrain type.
- Inform yourself about the accessibility of the trail and consult the maps before and during the ride.
- Respect all pedestrians outside the bike park and give way to them at all times on the paths and always be ready to stop at any time to let them pass.
- Respect the surrounding nature and stay on the paths. Avoid braking sharply and any other manoeuvres, which may damage the paths.
- Never litter the area, take any rubbish with you and place it in the designated containers.

NOTE: this is a tourist map. Taxonomy and information regarding the tracks are approximate. No responsibility is accepted for the accuracy of the data that you can find on more detailed scale technical topographic maps.

EMERGENCY

FOR ANY EMERGENCY CALL 112

Communicate your location by using the referral points on the map

LEGEND

MTB — ROAD — EASY — GRAVITY

TRACKS DIFFICULTY: Easy, Medium, Hard

SINGLE TRACK: Easy, Medium, Hard

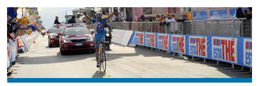
TYPE OF PAVEMENT: Offroad, Asphalt Road

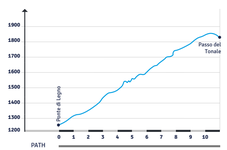
Distance — Type of bike
Estimated time — XC: Cross country & marathon
Altitude difference — AM: All mountain & trail
Incline — EN: Enduro & freeride
Hairpin turns

ROAD

1001 PASSO TONALE
FROM PONTE DI LEGNO

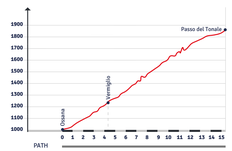
EASY — 10,9 km — med. 5,9 % / max 9 % — 6 — + 626 m





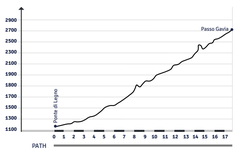
1003 PASSO TONALE
FROM VERMIGLIO

MEDIUM — 15,2 km — med. 4 % / max 9 % — 0 — + 917 m



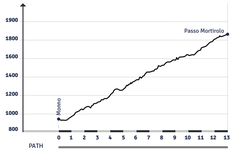
1004 PASSO GAVIA
FROM PONTE DI LEGNO

DIFFICILE — 17,8 km — med. 7,8 % / max 16% — 15 — + 1363 m



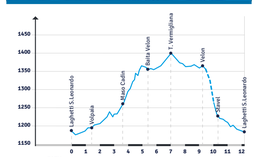
1002 PASSO MORTIROLO
FROM MONNO

HARD — 13 km — med. 7,5 % / max 16% — 13 — + 972 m



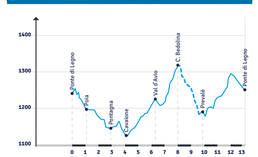
1 TAS
LAGHETTI S.LEONARDO / BAITA VELON / MALGA CADIN
TORRENTE VERMIGLIANA / LAGHETTI S.LEONARDO

EASY — 12,2 km — XC / AM / EN — 1:30 h — +/- 250 m



2 SGHIRLAT
PONTE DI LEGNO / PONTAGNA
VAL D'AVIO / PONTE DI LEGNO

EASY — 15,5 km — XC / AM / EN — 1:40 h — +/- 360 m

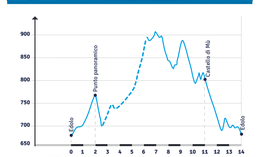


3 TOUR S. BRIZIO
EDOLO / MÙ / INCUDINE
S.BRIZIO / EDOLO

EASY — 13,2 km — XC / AM / EN — 2:00 h — +/- 520 m

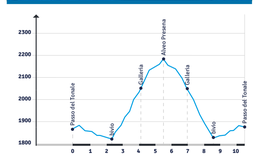
4 EDOLO
EDOLO / PUNTO PANORAMICO / CASTELLO DI MÙ
EDOLO

EASY — 14 km — XC — 1:50 h — +/- 450 m



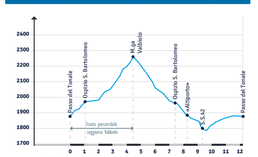
5 TOUR ALVEO PRESENA
PASSO TONALE / ALVEO PRESENA / PASSO TONALE

EASY — 10,2 km — XC / AM / EN — 1:30 h — +/- 450 m



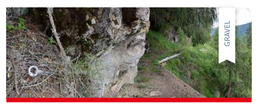
6 TOUR DELLE MARMOTTE
PASSO TONALE / MIRANDOLA / MALGA VALBIOLO
PASSO TONALE

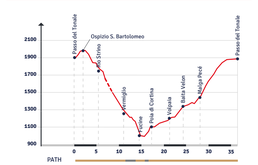
EASY — 12,2 km — XC / AM / EN — 2:30 h — + 450/90 m - 450 m



7 PIZALEGN
PASSO TONALE / MIRANDOLA / RIO STRINO
VERMIGLIO / FUCINE / PASSO TONALE

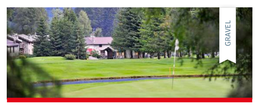
MEDIUM — 36,2 km — XC / AM / EN — 3:30 h — +/- 1100 m

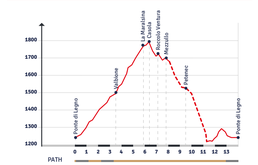




8 CERF
PONTE DI LEGNO / VALBIONE / MARALSINA / CASOLA
MEZZULILLO / PONTE DI LEGNO

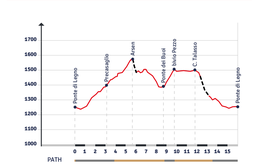
MEDIUM — 15,7 km — XC / AM / EN — 2:30 h — +/- 650 m





9 LEOR
PONTE DI LEGNO / PRECASAGLIO / ARSEN
PRECASAGLIO / PEZZO / TALAS / PONTE DI LEGNO

MEDIUM — 15,4 km — XC / AM / EN — 1:40 h — +/- 530 m

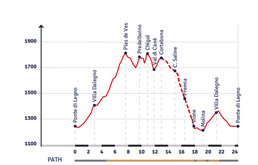


10 DAÙ
PASSO TONALE / VESCASA / CASE DI VISO
S.APOLLONIA / PONTE DI LEGNO

MEDIUM — 21,6 km — XC / AM / EN — 2:00 h — + 450/50 m - 1050 m

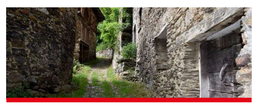
11 STAMBEC
PONTE DI LEGNO / VILLA DALEGNO / VAL DI CANÈ
PREMIA / VIONE / LECANU' / VILLA DALEGNO
PONTE DI LEGNO

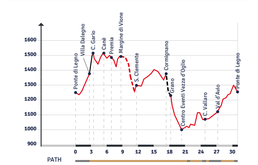
MEDIUM — 24,5 km — XC / AM / EN — 3:00 h — +/- 980 m



12 CORF
PONTE DI LEGNO/ VILLA DALEGNO / CANÈ / PREMIA
S. CLEMENTE / GRANO / STADOLINA / TEMÙ
PONTE DI LEGNO

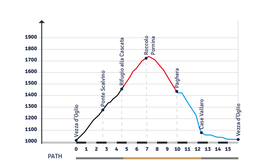
MEDIUM — 31,6 km — XC / AM / EN — 3:30 h — +/- 1140 m





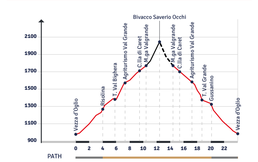
60 GARDENA
VEZZA D'OGLIO / RIF. ALLA CASCATA / PORNINA
VAL VALLARO / VEZZA D'OGLIO

MEDIUM — 15,9 km — XC / AM / EN — 3:00 h — +/- 710 m



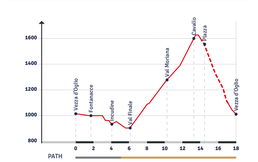
61 GIPETO
VEZZA D'OGLIO / RISULINA / PLASABÙS
PLAS DE CASEN / ACQUA CALDA / GUSSANINO
VEZZA D'OGLIO

MEDIUM — 23,1 km — XC / AM / EN — 3:50 h — +/- 1030 m



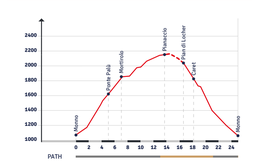
62 BENOLA
VEZZA D'OGLIO / INCUDINE / CAVALLO
PLAZZA / VEZZA D'OGLIO

MEDIUM — 18 km — XC / AM / EN — 2:30 h — +/- 780 m



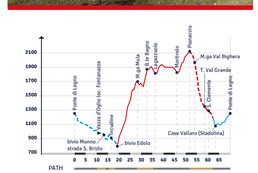
63 TOUR DEL MORTIROLO
MONNO / MORTIROLO
PIANACCIO / CARET / MONNO

MEDIUM — 25 km — XC / AM / EN — 3:30 h — +/- 1100 m



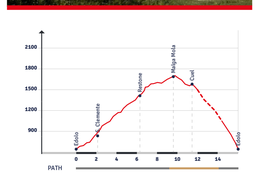
68 GRAN TOUR DEL MORTIROLO
PONTE DI LEGNO / INCUDINE / MOLA / MORTIROLO
PIANACCIO / S. CLEMENTE / STADOLINA
PONTE DI LEGNO

MEDIUM — 69,2 km — XC / AM / EN — 6:00 h — +/- 2110 m



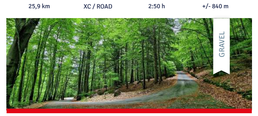
71 TOUR MOLA
EDOLO / S. CLEMENTE / RESTONE
RIF. MALGA MOLA / CUEL / EDOLO

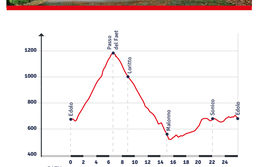
MEDIUM — 15,8 km — XC / AM — 3:50 h — +/- 1090 m



72 PASSO DEL FAET
EDOLO / PASSO DEL FAET / LORITTO / MALONNO
SONICO / EDOLO

MEDIUM — 25,9 km — XC / ROAD — 2:50 h — +/- 840 m



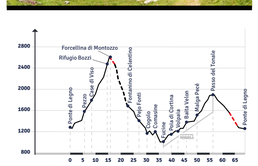


73 TOUR MALGA DEL DOSS
LAGHETTI S.LEONARDO / OSSANA / VALPIANA
LAGHETTI S.LEONARDO

MEDIUM — 18,9 km — XC / AM / EN — 2:00 h — +/- 750 m

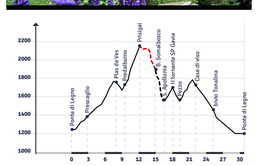
77 GRAN TOUR DEL MONTOZZO
PONTE DI LEGNO / CASE DI VISO / RIF. BOZZI
PEJO / FUCINE / VERMIGLIO / PASSO TONALE
PONTE DI LEGNO

HARD — 65,8 km — XC / AM / EN — 6:50 h — +/- 2600 m



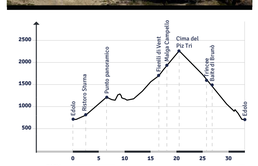
78 AQUILA
PONTE DI LEGNO / PRECASAGLIO / PLAS DE VES
PREBALDIJINO / PRISIGIAI / SOMMALBOSCO / S. APOLLONIA / CASE DI VISO / PONTE DEI BUIOI / PONTE DI LEGNO

HARD — 31,2 km — XC / AM / EN — 4:00 h — +/- 1430 m



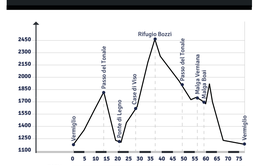
79 TOUR PIZ TRI
EDOLO / FLETTA / BRUNÒ / VENT / LANDÒ / PIZ TRI
BAITE FAETO / EDOLO

HARD — 35,5 km — XC / AM / EN — 6:30 h — +/- 1950 m



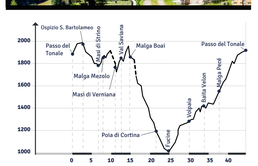
22 ADAMELLO SUPER MARATHON
VERMIGLIO / PASSO TONALE / PONTE DI LEGNO
CASE DI VISO / RIFUGIO BOZZI/ PASSO TONALE / MALGA VERNIANA / MALGA BOAI / VERMIGLIO

HARD — 76,2 km — XC — 8:00 h — +/-3050 m



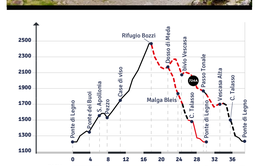
70a TOUR DEI FORTI
PASSO TONALE / MASI DI VERNIANA / MALGA BOAI
POIA DI CORTINA / FUCINE / VOLPAIA / BAITA VELON
MALGA PECÉ / PASSO TONALE

HARD — 44 km — XC / AM / EN — 4:00 h — +/- 1460 m

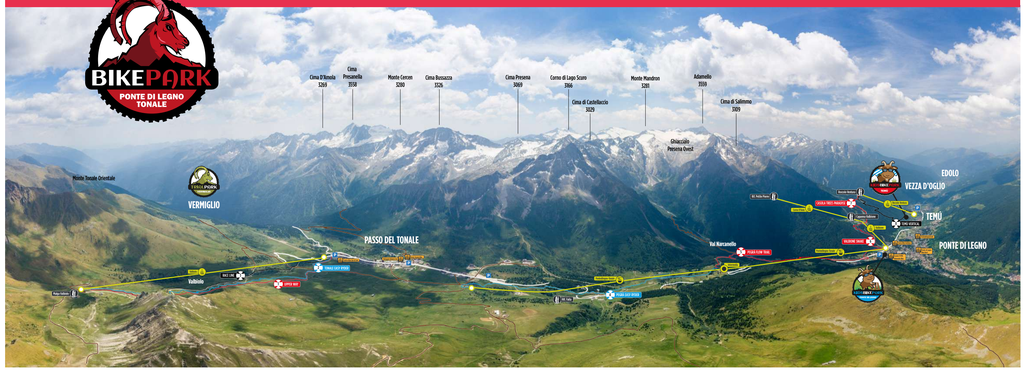


72a TOUR RIFUGIO BOZZI
PONTE DI LEGNO / CASE DI VISO / RIFUGIO BOZZI
DOSSO DI MEDA / PONTE DI LEGNO

HARD — 30 km 7244 M 58 km — XC / AM / EN — 5:00 h — +/- 1840 m



GRAVITY - BIKE PARK



UPPER WAY
DEPARTURE: CHAIRLIFT VALBIOLO | PASSO TONALE

MEDIUM — 2,6 km — - 325 m — arrival chairlift Valbiolo

TONALE EASY RIDER
DEPARTURE: CHAIRLIFT VALBIOLO | PASSO TONALE

EASY — 3,2 km — - 325 m — arrival chairlift Valbiolo

RACE LINE
DEPARTURE: CHAIRLIFT VALBIOLO | PASSO TONALE

HARD — 3,2 km — - 325 m — arrival chairlift Valbiolo

PEGRÀ EASY RIDER
DEPARTURE: CABLE CAR PONTEDILEGNO-TONALE
PONTE DI LEGNO

EASY — 3,2 km — - 280 m — arrival cable car Pontedilegno-Tonale

PEGRÀ FLOW TRAIL
DEPARTURE: CABLE CAR PONTEDILEGNO-TONALE
PONTE DI LEGNO

MEDIUM — 2,0 km — - 300 m — middle station cable car Pontedilegno-Tonale

VALBIONE SNAKE
DEPARTURE: CHAIRLIFT VALBIONE | PONTE DI LEGNO

MEDIUM — 1,2 km — - 230 m — arrival chairlift Valbione

CASOLA TREES PARADISE
DEPARTURE: CHAIRLIFT ROCCOLO VENTURA | TEMÙ

MEDIUM — 2,2 km — - 250 m — arrival chairlift Roccolo Ventura

TEMÙ VERTICAL
DEPARTURE: CHAIRLIFT ROCCOLO VENTURA | TEMÙ

HARD — 1,8 km — - 250 m — arrival chairlift Roccolo Ventura

LIFTS

VALBIOLO
DEPARTURE: Passo Tonale 1.910 m s.l.m.
ARRIVAL: Malga Valbiolo 2.240 m s.l.m.

PONTEDILEGNO - TONALE
DEPARTURE: Ponte di Legno 1.255 m s.l.m.
ARRIVAL: Passo Tonale 1.910 m s.l.m.

VALBIONE
DEPARTURE: Ponte di Legno 1.255 m s.l.m.
ARRIVAL: Valbione 1.910 m s.l.m.

ROCCOLO VENTURA
DEPARTURE: Temù 1.910 m s.l.m.
ARRIVAL: Roccolo Ventura 1.730 m s.l.m.

MAP LEGEND

LIFTS: Cable car, Chairlift

TRAIL: Road, Offroad trail

TRAIL: Distance, Altitude difference, Starting point, Bike service

WELCOME BIKERS

PONTEDILEGNO-TONALE BIKE
BIKE FOR EVERYBODY

Here in Pontedilegno-Tonale, every biker will find what he dreams of. On an MTB you will enjoy 500 km of trails between nature and history. Riding your road bike, you can test yourself on the legendary ascents of Giro d'Italia, Passo Gavia, Passo Mortirolo and Passo Tonale. You can express your fearless side in our bike parks. Moreover, you will relax yourself on our cycle paths, spending some peaceful time with your family.

Visit our website

Download the catalogue

LEGEND

ROUTE
- Asphalt road
- Offroad
- Path

BIKE TRACKS
- Easy Mtb / Road
- Medium Mtb / Road
- Hard Mtb / Road
- Cycle path
- Bike park tracks

STARTING POINT
Difficulty — 723 — Track number

Discipline

DISCIPLINES
MTB · ROAD · EASY · GRAVITY

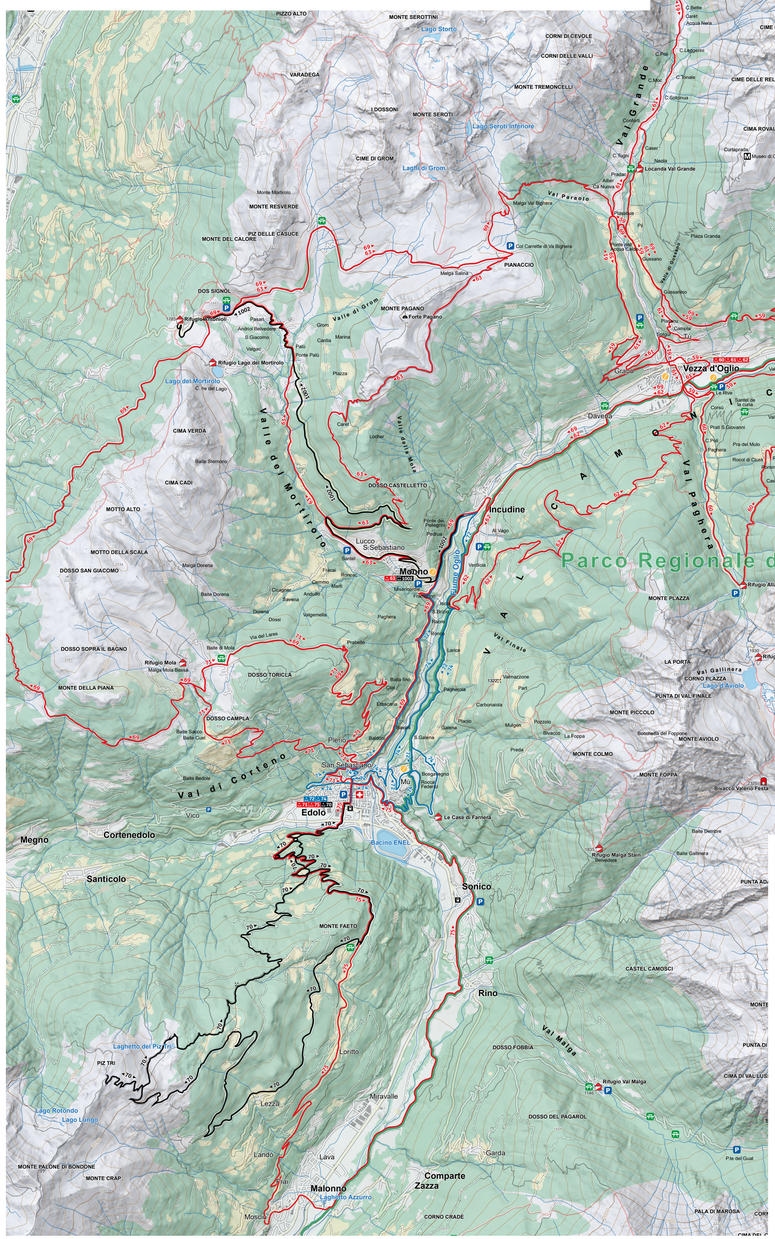
MOBILITY
- Chairlift
- Chairlift no bike service
- Cable car
- Cable car no bike service

BIKE SERVICES
- Guides, rent and shops
- E-Bike charging point
- Charging point and tool station

POINTS OF INTEREST
- Hut / Restaurant
- Alpine bivouac
- Museum

Scale 1:50.000

0 — 1 km


Parco Regionale dell'Adamello
Edolo
Monno
Incudine
Vezza d'Oglio
Temù
Ponte di Legno
Passo Tonale
Vermiglio
Ossana
Pellizzano
Termenago
Castello
Menas
Ortisè
Cortenedolo
Santicolo
Senico
Rino
Comparte Zazza
Malonno
Lago Rotondo
Lago Lungo
Lago di Pian Palù
Lago di Ercavallo
Lago di Caione
Lago di Vermiglio
Lago di Pisgana
Lago di Avio
Lago Venerocolo
Lago Scuro
Lago Nero
Lago Bianco
Lago Verde
Lago del Monticello
Lago di Nambrone
Lago Gelato
Lago Sarpoli
Lago Lambin
Lago Bort
Lago Stavel
Lago di Bort
Lago Piccolo
Lago Venezia
Lago Scarpacco
Lago Vedretta
Laghetto di Bon
Lago di Celentino
Lago dei Caproli
Lago di Bus
Lago di Barco
Lago Serodoli
Lago Storto
Lago Seroti Inferiore
Lago di Grom
Lago del Montorfano
Laghetto di Pian Palù
Laghetto di Pietra Rossa
Laghetto di Monticelli Superiore
Laghetto di Monticelli Inferiore
Laghetto di Vermiglio
Laghetto di Bleis
Laghetto di Avio
Laghetto dei Frati
Laghetto di Ercavallo
Laghetto di Valmalza
Laghetto di Montozzo
Laghetto di Strino
Laghetto di Bon
Laghetto di Pian Palù
Parco Nazionale dello Stelvio
Ghiacciaio del Presena
Ghiacciaio d'Amola
Ghiacciaio di Pisgana
Ghiacciaio di Avio
Ghiacciaio di Scarpacò
Ghiacciaio di Paso Stavel
Ghiacciaio di Cercen
Ghiacciaio di Nambrone
Ghiacciaio di Monticelli
Vedretta del Maridrone
Vedretta di Pisgana
Vedretta Presanella
Vedretta Cercen
Vedretta della Busazza
Vedretta orientale di Presena
Vedretta di Nambrone
Vedretta di Monticelli
Vedretta di Bedole
Vedretta di Lares
Vedretta di Scarpacò
Vedretta di Vermiglio
Vedretta di Pian Palù
Vedretta di Ercavallo
Vedretta di Caione
Vedretta di Montozzo
Vedretta di Strino
Vedretta di Bleis
Vedretta di Avio
Vedretta di Pietra Rossa
Vedretta di Monticelli
Vedretta di Valmalza